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Bellevue

The New York
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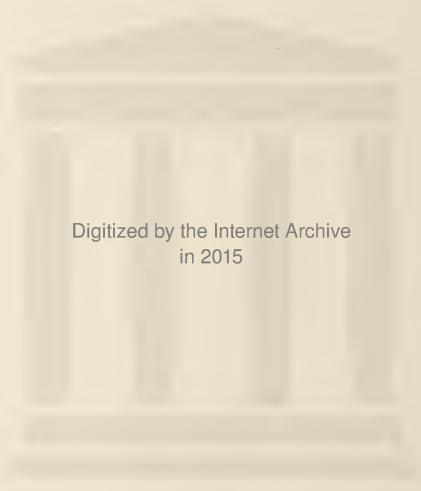


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BELLEVUE HOSPITAL.

*Bellevue Training School
for Nurses
Renowned*

Bellevue Schools of Nursing

BELLEVUE SCHOOL OF NURSING FOR WOMEN
MILLS SCHOOL OF NURSING FOR MEN

Announcement
1938-1939

CITY OF NEW YORK
DEPARTMENT OF HOSPITALS

BELLEVUE HOSPITAL

BELLEVUE SCHOOL OF NURSING FOR WOMEN

MILLS SCHOOL OF NURSING FOR MEN



1938-1939

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*Arranged Alphabetically.

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- Charles Hendee Smith, M.D., Visiting Physician in charge of Pediatric Service; Professor of Pediatrics, New York University and Bellevue Hospital Medical College.
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- Webb W. Weeks, M.D., Visiting Surgeon in charge of Ophthalmological Service; Professor of Ophthalmology, New York University and Bellevue Hospital Medical College.
- Leo Winter, M.D., D.D.S., Visiting Dental Surgeon in charge of Dental Department; Professor of Oral Surgery, New York University, College of Dentistry.
- I. Ogden Woodruff, M.D., Director and Visiting Physician, First Medical Division; Professor of Clinical Medicine, College of Physicians and Surgeons, Columbia University.
- Arthur Wright, M.D., F.A.C.S., Director and Visiting Surgeon, Third Surgical Division; George David Stuart Professor of Surgery, New York University and Bellevue Hospital Medical College.

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- Morris Block, M.D., Assistant Visiting Physician, Third Medical Division, Bellevue Hospital; Instructor in Medicine, New York University and Bellevue Hospital Medical College; Lecturer in Medical Diseases, Bellevue Schools of Nursing.

*Appointment effective September 1, 1938.

- Frances Bogatko, M.D., Medical Director of Lord and Taylor's Medical Department; Lecturer in Occupational Diseases, Bellevue Schools of Nursing.
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- Edward Coates, M.D., F.A.M.A., Instructor in Urology, New York University and Bellevue Hospital Medical College Clinic; Lecturer in Urology, Bellevue Schools of Nursing.
- Frederick C. Freed, M.D., F.A.C.S., Associate Visiting Obstetrician and Gynecologist; Clinical Professor of Obstetrics and Gynecology, New York University and Bellevue Hospital Medical College; Lecturer in Obstetrics, Bellevue Schools of Nursing.
- Milton Helpern, M.D., Assistant Medical Examiner, Borough of Manhattan; Lecturer in Pathology, Bellevue Schools of Nursing.
- Sophia J. Kleegman, M.D., Assistant Clinical Professor of Gynecology, New York University and Bellevue Hospital Medical College; Assistant Visiting Obstetrician and Gynecologist; Lecturer in Obstetrics, Bellevue School of Nursing.
- Ernest W. Lampe, M.D., Assistant Visiting Surgeon, Second Surgical Division; Bellevue Hospital; Lecturer in Surgery, Bellevue Schools of Nursing.
- Rosa Lee Nemir, M.D., Clinical Assistant Visiting Physician, Children's Medical Service; Instructor in Pediatrics, New York University and Bellevue Hospital Medical College; Research Fellow in Pneumonia, Department of Pediatrics, University and Bellevue Hospital Medical College. Lecturer in Pediatrics, Bellevue Schools of Nursing.
- Albert Schein, M.D., Assistant Visiting Surgeon, Orthopedic Service, Bellevue Hospital; Lecturer in Pediatrics, Bellevue Schools of Nursing.
- Reuben Turner, M.D., Clinical Assistant Physician, Pediatric Division, Bellevue Hospital; Lecturer in Pediatrics, Bellevue Schools of Nursing.

GENERAL STATEMENT

The Bellevue Schools of Nursing offer a comprehensive basic course in nursing designed to prepare qualified applicants for general practice in the major fields open to graduate nurses. The Schools are registered under the Board of Regents of the University of the State of New York, and graduates of the Schools are eligible to take the examination for license to practice as Registered Professional Nurses in the State of New York.

It is the aim of the Schools to offer a program of education that will give the students an appreciation of the function and obligations of the nurse in society, an opportunity to understand and develop their own personal and professional potentialities, and sound basis for the selection of appropriate fields in which they may practice as graduate nurses.

The Department of Nursing Education of Teachers' College, Columbia University, gives advanced standing amounting to more than one year's college credit to acceptable applicants who have completed the nursing course in the Bellevue Schools of Nursing. Liberal credit is also given by some other colleges. Graduates of the Bellevue Schools thus have an excellent opportunity to pursue professional studies and to work toward the degree of Bachelor of Science.

BRIEF HISTORY OF BELLEVUE SCHOOL

The Bellevue School of Nursing was founded in 1873 by a group of women who saw "nursing as a social value" and who realized that a sound educational program in its fullest implications is essential to the preparation of nurses for satisfactory community service.

The founders of the Bellevue School of Nursing, desirous of incorporating into their policies and program the philosophy and methods of Miss Florence Nightingale, sent an emissary, Doctor Gill Wylie, to London to see her in the summer of 1872. The plan submitted in a letter by Miss Nightingale (who was ill at the time of Doctor Wylie's visit) modified to meet American conditions, formed the basis of the "Bellevue system," thus admitting the Bellevue School to the distinction of being the first School of Nursing in the United States to be founded on the "Nightingale Plan."

From its inception the School has had for its laboratory the wards of Bellevue Hospital, beginning with five wards and gradually extending to include all services.

During the years of its existence, the School has demonstrated the value to the community of a nursing service rendered by an educated, disciplined professional group. The Managers have kept steadily to their first objectives which were "first to improve the condition of the hospital sick, and second, to utilize the hospital as a clinical school for instruction in the art of nursing the sick among rich and poor alike."

The history of modern nursing is replete with evidences of the eminence and achievements of the graduates of this School.

BRIEF HISTORY OF MILLS SCHOOL

The Mills School of Nursing was opened for the reception of students December 18, 1888. The establishment of the School was made possible through the gift of a sum of money to the Department of Public Charities and Corrections by Mr. Darius Ogden Mills, a philanthropic citizen, who recognized the need of educating young men for this work.

The acceptance of the gift was recorded on a bronze tablet placed in the main hall of the building erected on the Bellevue Hospital grounds with the funds provided by Mr. Mills, inscribed as follows:

BELLEVUE HOSPITAL

The number of infirm and sick men who reach our City Hospital, makes it necessary to educate Male Nurses. To aid in establishing a Training School for this purpose

D. O. MILLS, Esq.

A citizen of New York erected this building and presented it to the City to be used permanently as a home for Male Nurses employed in the Hospital.

CHAS. E. SIMMONS, *President*

HENRY H. PORTER, *Commissioner*

THOMAS S. BRENNAN, *Commissioner,*
Public Charities

Dec. 25, 1887

The building given by Mr. Mills housed the School until 1938, when new quarters on the Hospital grounds were made available.

During the half century of its existence the Mills School has demonstrated that the trained man nurse has a very definite place in the program of scientific medicine and the excellent work which its graduates have done justifies the faith of the School's founder.

OPPORTUNITIES FOR CLINICAL EXPERIENCE

The Bellevue Schools have, from their inception, had for their laboratory the wards of Bellevue Hospital. The program of instruction and practice has been modified to meet changing conditions, utilizing scientific information and methods as rapidly as these have developed.

Bellevue Hospital is a Municipal General Hospital of over 2,500 beds. Its clinical services are organized in separate units each directed by a medical staff of highest professional standing. The Out Patient Department treats daily about two thousand patients. The clinical facilities of the wards and clinics are unsurpassed in abundance and variety and offer exceptional opportunity for the study and practice of nursing. Students are assured a well-balanced course based on a comprehensive curriculum and a well organized practice field.

PLAN OF INSTRUCTION

The curriculum covers a period of three years of which twelve weeks are assigned to vacation. The course is divided into the pre-clinical and clinical periods, the former being that time which is devoted almost entirely to the study of the fundamental sciences and to the understanding of elementary nursing principles. The time is spent chiefly in the classroom and laboratories of the Schools of Nursing with ward practice in the Hospital sufficient to establish the functioning of the science instruction and the skill acquired through supervised practice in the classroom.

During the clinical period, the students are assigned to nursing practice in wards devoted to the treatment of the following types of illness: medical, surgical, pediatric, tuberculosis, neurological and psychiatric. Nursing practice is obtained also on the wards on

which are treated diseases of the eye, the ear, nose and throat, and in other special services such as the operating rooms, diet, kitchens, out patient department and social service department. In addition to the above the women students are assigned to nursing practice in obstetrical and gynecology wards. Mills School students spend an equivalent period of time in nursing practice on the men's urological and emergency wards. The instruction during the clinical period is conducted by graduate nurses who are assigned to the wards or services as clinical instructors.

A twelve-weeks course in communicable disease nursing is given in affiliation with Willard Parker Hospital.

Students are admitted and are advanced in the course according to the following plan:

Dates of Admission

Classes are admitted twice a year, namely September first and February first.

The Orientation Period

Candidates for admission who are acceptable to the Committee on Admissions are given the opportunity of entering the School for an Orientation Period before the final selection of students for the Freshman class is made. The Orientation Period is of approximately three weeks duration at the beginning of each school term. The program carried on during this time is designed to aid in the more careful selection of students and to assist students to make a successful adjustment to the nursing school situation.

Admission to Pre-clinical Period

At the termination of the Orientation Period, the candidates who have given evidence of possessing those qualities essential to success in nursing are notified of their acceptance into the Freshman class and are given the necessary instructions concerning the purchase of uniforms and equipment.

Admission to Clinical Period

During the pre-clinical period the faculty reviews all records each month and individual conferences are arranged in order that all students may be kept informed of their progress.

Those who complete successfully the required work of the pre-clinical period are permitted to undertake the advanced work of the clinical period, which includes both theoretical courses and supervised practice assignments in the hospital wards. At the end of the eight months preparatory term, (including five months pre-clinical and three months clinical courses) those who meet fully the requirements for further advancement are accepted and given full recognition as students in the Schools.

Withdrawal

The Faculty reserves the right to recommend the withdrawal at any time of any student whose health, conduct or work makes it seem inadvisable for him or her to remain in the School of Nursing.

The specific arrangement as to time is as follows:

Hours of Duty

Student assignments to the various clinical services together with the theoretical program comprise on the average a forty-eight hour week. Students have one day off duty each week.

Vacations

Twelve weeks are allowed during the course for vacations, on the basis of four weeks each year.

Absences

Absences other than the regular vacation periods are not granted except in case of illness or for other extraordinary cause. Time lost for any reason must be made up.

WOMEN'S RESIDENCES

Bellevue House is located on the East River at the foot of East 26th Street, opposite Bellevue Hospital. It is a modern, fire-proof six-story building.

The house provides living accommodations for five hundred student nurses and members of the faculty. Other graduate nurses employed in the hospital reside in near-by buildings. Bellevue House is the center of educational and recreational activities.

The ground floor is devoted to classrooms, reference library, offices of the instructors, the Director of Health Service, Librarian, and the Director of the Residences. The entire first floor is occupied by living rooms, a dining room, a lecture hall, a fiction library, and offices of the Dean of Women and Director of Physical Instruction. In addition to bedrooms on the second floor there is a Recreation Suite consisting of a lounge room and kitchenette and a game room is located on the third floor. Laundrettes are available for the use of the students on the second floor. A well equipped infirmary for sick nurses is located on the sixth floor.

The dietary department for nurses is located in Bellevue House and is under supervision of a graduate dietician.

RESIDENCE FOR MEN

In the Spring of 1938 the Mills School was moved from its original building to quarters in Bellevue's newest structure, Pavilion C and D, where it occupies the three top floors. Provision is made for more than a hundred students and members of the faculty. In addition to the bedrooms there is a large recreation room on the top floor, lounge rooms and game room on the sixth floor and open roof terraces offering excellent facilities for sunbathing and outdoor recreation opening from the two top floors. Laundry and kitchenette facilities are made available to the students in their own quarters. The dietary department of Mills School is located on a lower floor and is under supervision of a graduate dietician. The infirmary for sick nurses is also located in Pavilion C and D.

LIBRARY FACILITIES

The Carrie J. Brink Memorial Library is located in Bellevue House. The collection contains 4,000 standard scientific books and 2,500 pamphlets. Seventy-five nursing, medical and cultural magazines are received currently. All these have been carefully selected to meet the needs of instructors and students, and to implement and supplement the nursing school curriculum. Books for recreational and cultural reading are provided also.

The library is classified and cataloged in accordance with the scheme recommended by the National League of Nursing Edu-

cation. It is open from 8 A. M. to 9:30 P. M. Monday to Friday; 8 A. M. to 6:00 P. M. Saturday; closed all day Sunday. The library is under the supervision of a trained librarian and one full-time assistant.

The Library has institutional membership in the Medical Library Association and in the Special Libraries Association. The collection is further supplemented by the interlibrary loan privileges extended by New York's many special, medical, and general libraries.

LABORATORIES

Adequately equipped laboratories for Anatomy and Physiology, Chemistry and Bacteriology are provided, as well as a nursing practice laboratory.

REQUIREMENTS FOR ADMISSION

Education

Applicants seeking admission to professional schools in New York State must obtain from the State Education Department qualifying certificate.

To obtain a nurse student qualifying certificate for admission to a registered school of nursing the applicant must present evidence of graduation from a four year, sixteen unit, general academic course in an approved or accredited secondary school, or its equivalent. The course should include:

		UNITS
8½ units	English, four years	4
	Science, two years (including biology or general science and a second science, chemistry or applied chemistry) . . .	2
	Mathematics, one year (algebra, general mathematics or commercial arithmetic)	1
	History, one year.	1
	Civics, one-half year	½
7½ units	{ Six sufficient electives to make up the full four year course, aggregating 16 units, but not more than five units to be chosen from any one field	7½
Total		16

In lieu of this specific subject requirement the State Department of Education will accept a Regents high school diploma or college entrance diploma as meeting in full the requirement for a nurse student qualifying certificate.

Scholarship Standing

The selection of applicants for the Bellevue Schools is made from those whose records indicate that they have maintained a high standard of scholarship during their previous educational experience. Preference is given to applicants with college preparation.

Applicants with a degree from a college approved by the New York State Education Department may obtain a nurse student qualifying certificate on that basis which entitles them to a time credit allowance of nine (9) months. They should, however, confer with the principal of the school concerning the advisability of planning their course on that basis, since it necessitates a curtailment of certain clinical services, and some states do not issue licenses based on a nursing course of less than three years.

It is not the policy to omit any of the subjects contained in the three year course. Therefore the School reserves the right to re-determine the time credit allowance if it is impossible to arrange proper sequence of instruction, or if the student is unable to complete the prescribed work in the twenty-seven months period.

Age

Applicants should be between the ages of eighteen and thirty.

Health

Applicants must be in good health, free from handicapping physical defects or tendency to illness, and must present certificates from doctor and dentist attesting the fact, as well as a statement from a doctor certifying that they have been successfully vaccinated against smallpox within two years prior to the filing of their applications.

All health certificates are tentative pending the reports of the physical examination given upon admission by the attending physician of the school.

Applicants who have diseased tonsils or who have a history of repeated attacks of tonsillitis should consult their doctors concerning the advisability of having tonsils removed before beginning the course.

Personal Fitness

The credentials of the applicant must give satisfactory evidence of thoughtful planning in the choice of professional nursing as a career and of the ability to make successful adjustment in situations where emotional stability and good breeding are essentials.

Aptitude Tests

All applicants are required to take a psychometric examination before their applications will be considered by the Committee on Admissions. This examination includes a series of tests designed to aid in determination of the candidate's intellectual and personal fitness for nursing. Directions for arranging for the examination are furnished to each candidate. The examination fee is Five Dollars (\$5.00).

SCHOLARSHIP REQUIREMENTS

The marking system of the Bellevue Schools of Nursing is as follows:

A	=	94-100	inclusive
B	=	87- 93	"
C	=	80- 86	"
D	=	75- 79	"
E	=	Failure	

The Grade D is an unsatisfactory mark. Students are expected to maintain a minimum C average throughout the entire course.

GRADUATION

The diploma of the School of Nursing is conferred upon those students who have satisfied all the requirements of the course.

SCHOLARSHIPS AND AWARDS

The Lavinia L. Dock Scholarship Prize of Twenty-five Dollars is awarded annually at the graduation exercises to the member of the graduating class who has attained the highest scholastic average.

Five prizes of Twenty-five Dollars each are awarded annually for proficiency in bedside nursing. The Griffin prizes made possible under the will of Mrs. William Preston Griffin, are given to

the two women in the graduating class who have received the highest average grade in nursing practice; the D. Ogden Mills prize is given to the man in the graduating class who has received the highest average grade in nursing practice. The Isabel Hampton Robb prizes are awarded to the two members of the junior class who have attained highest grades in nursing practice.

The Alumni Association of Mills School presents the man in the graduating class who has attained highest scholastic standing and the man who ranks first in bedside nursing each with a Mills School graduate pin.

Two Scholarships of Five Hundred Dollars each, established by the Board of Managers, are awarded annually to graduates of the Bellevue School of Nursing to be used for furthering their professional education through advanced college courses.

FEES, EXPENSES AND ALLOWANCES

Candidates are required to make an initial deposit on the day of entrance to the Schools, namely September first or February first, as follows:

Initial deposit for women	\$130.00
Initial deposit for men	\$100.00

The amount is credited to the depositor's account in the Student Equipment Fund.

The deposit covers the required Educational and Recreational fee, which is Fifty Dollars (\$50.00), the required laboratory fee of Ten Dollars (\$10.00), and the balance forms the nucleus of an account maintained throughout the period the student remains in the School, from which payment is made for uniforms, text books and other school equipment and expenses.

In addition to the amount to be deposited each student should have a sufficient amount of money for incidental personal expenses, such as carfare, postage, amusements, etc., sufficient for the first eight months. The amount will depend upon individual needs and tastes.

Board, room, and laundry are furnished each student without charge.

Starting with the fifth month in the School the student receives from the Hospital an allowance of Twenty Dollars (\$20.00) a month. Women students are required to deposit to their accounts the entire amount of the first four checks paid to them, total Eighty Dollars (\$80.00). Men students are required to deposit to their accounts the full amount of their first three checks, total Sixty Dollars (\$60.00). Thereafter, throughout the course, all students make a monthly deposit of Five Dollars (\$5.00) each month. These deposits should be sufficient to cover the required costs of the course.

Each student is held responsible for keeping an adequate balance in his or her account in the Student Equipment Fund at all times and if it becomes necessary, he or she will be required to make additional deposits. Only such expenditures as are required and authorized by the School are chargeable to the Student Equipment Fund. All other personal expenses must be met by the individual.

The allowance is intended to cover expenses incident to the course and is in no sense a wage or salary.

Candidates who do not remain after the Orientation Period will have refunded to them their initial deposit, less a deduction of Ten Dollars (\$10.00), covering costs incident to the program of selection and orientation.

At the termination of any student's connection with the School, the balance in his or her individual account will be refunded in full.

Candidates should at all times be provided with sufficient money to cover travel expenses to their homes should they not remain in the School.

HEALTH SERVICE

Because good health is essential to nursing, the Schools maintain an organized Health Service.

The Health Service personnel of the two Schools includes the School Physician, an Assistant Physician, the School Surgeon, a Graduate Nurse Director of Health Service, Graduate Nurse Assistant Directors, and the Graduate Nurse Staff in the infirmaries, one of which is located in Bellevue House for women students, the other in the Mills School quarters for men.

The aim of the Health Service is to conserve and to promote the health of the students in the Schools. This it does through the maintenance of a comprehensive program as follows:

1. Complete physical examinations are given during the orientation period to determine the candidate's physical fitness for admission to the School, since good health, that is, freedom from any handicapping defect or any predisposition to disease, is required. Complete physical examinations are given annually and are repeated as often as indicated for all students during the period of the course.
2. Special facilities for the correction of minor defects are placed at the disposal of the student who is expected to cooperate in the corrective work.
3. Students are urged to have a dental examination at their own expense at least every six months during the period of the course.
4. There is a plan of disease prevention whereby all students upon admission, and as often as indicated, are immunized against those diseases for which immunizing agents exist. Students presenting evidence of successful vaccination against small-pox are not required to be vaccinated.
5. Special attention is directed to the maintenance of normal weight. Weights are recorded monthly and any deviation from the normal is given the necessary attention.
6. A continuous service is provided for the early treatment of illness and injury.
In the event of illness requiring bed care, the students are admitted to the Nurses' Infirmary.
7. All registered students are required to carry a Health and Accident insurance. The premium for this protection is paid from the Student's Equipment Fund.
8. There is a cooperative program between the Health Service and the Physical Education Department for the prevention and correction of postural or other minor physical defects.
9. Students accepted into the School who have tonsils, which, in the opinion of the School Physician, need removal will be required to submit to a tonsillectomy to be done at their own expense during their vacation time.

PHYSICAL EDUCATION

In the Bellevue School of Nursing required courses are given in body mechanics, swimming, and tennis or badminton. By the end of her second year each woman student must pass a beginner's test in swimming, and tennis or badminton unless she is excused on the basis of her physical examination. Elective courses are offered in folk, modern, and tap dancing, swimming, tennis, and other sports.

The "500" is an organization of those who have won the BSN in physical education. In order to win this monogram the student must have no deficiency in class work, must have passed the required tests, and must have won 500 points in various athletic activities.

Women students are asked to bring with them two washable play suits *or* one pair of dark cotton shorts and two white blouses, two pairs of cotton socks, and one pair of sneakers (not heavy crepe soles).

* * * * *

The physical education program for the Mills School is directed by a qualified instructor. Students are required to take regular courses in gymnastics during the freshman and sophomore periods and there is opportunity for a varied elective program in the later semesters.

Men who have gymnasium outfits should bring these with them. Others will be required to provide themselves with suitable articles of clothing in which to participate in the physical education classes.

STUDENT ORGANIZATIONS

Each School has its own student organization. The Student Association of the Bellevue School of Nursing was organized in 1929, the Mills School Student Association in 1933. The purpose of these organizations is the promotion of school activities and interests. Each association is governed by an executive group of students, elected by the student body.

Membership in these Student Associations is of two types, namely, active and associate. All students who are accepted in the Schools become active members. Affiliating and post graduate students are associate members.

Each Student Association sponsors the extra-curricular activities of the School. The officers and committees, with the coopera-

tion of the Dean of Women and the Mills School Director of Recreation, plan and carry out the programs.

The program of extra-curricular activities provides a variety of cultural opportunities and student participation is required. In addition to various clubs through which students may pursue special interests there is a social program which includes formal and informal dances and parties. "Special Days" are commemorated in an appropriate way. Bus trips to the beach are arranged each week during the summer months and other activities are planned in accordance with student interests.

The Bellevue Student Association operates a tea room which is open to students of both Schools and their friends. Game rooms, kitchenettes, radios, pianos, sun roofs, out door play space and a tennis court give further opportunity for leisure time enjoyment.

GRADUATE ORGANIZATIONS

The Alumnae Association of the Bellevue School of Nursing was organized in 1889 and is the oldest organization of nurses in the United States.

Osborn Hall, the Alumnae Club House, located at 426 East 26th Street adjacent to Bellevue House, the student residence, provides social and professional accommodations and an attractive and convenient residence for graduates.

The Alumnae Association maintains a registry, a sick benefit and pension fund for its members. Its activities include regular meetings, a social program for its members, and the publication of a quarterly news bulletin.

* * * * *

The Alumni Association of the Mills School was organized in November, 1902, and in January, 1905, was granted papers of incorporation under the "mutual benefit" association laws of the State of New York. Graduates who have successfully passed state board examinations may make application for membership.

The Alumni Club House is located at 42 West 67th Street, New York City.

The Alumni Association maintains an approved placement bureau (Bellevue Men Nurses' Registry), and in addition provides an emergency nursing service for its members in time of need and pays a cash benefit at death to the family of members.

Both Associations are affiliated with district and state divisions of the American Nurses' Association.

OUTLINE OF CURRICULUM

†Orientation Period—2-3 weeks } 22 weeks
 Freshman Term—19-20 weeks }

	BELLEVUE		MILLS	
	Theory Hours	Practice Assignment in Hospital	Theory Hours	Practice Assignment in Hospital
How to Study	5		5	
Anatomy and Physiology	112		112	
Chemistry	64		64	
Bacteriology	48		48	
Nutrition and Cookery	48		48	
Principles and Practice of Nursing (Elementary)	144	120 hours	144	120 hours
Personal Hygiene	16		16	
Ethics	16		16	
History of Nursing	16		16	
*Voice and Diction	16		16	
Sociology I	16		16	
Drugs and Solutions	32		32	
Physical Education	48		80	

†Work carried during the Orientation Period is included in the hours and credits of the Freshman term.

*This course is elective, and is especially designed to aid students who have difficulties of speech.

OUTLINE OF CURRICULUM

Sophomore Term—32 weeks	}	Total 134 weeks
Junior Term —52 weeks		
Senior Term —50 weeks		
Including 12 weeks vacation and four weeks health allowance		

SUBJECT	BELLEVUE		MILLS	
	Theory Hours	Assignment to Clinical Services	Theory Hours	Assignment to Clinical Services
Principles and Practice of Nursing (Advanced)	32		32	
Elementary Medical Nursing	48	8 weeks	48	8 weeks
Materia Medica	32		32	
Psychology	16		16	
Diet Therapy	16	4 weeks	16	4 weeks
Elementary Surgical Nursing	48	8 weeks	48	8 weeks
Occupational Therapy	8		8	
Neurological Nursing	16	4 weeks	16	4 weeks
Tuberculosis Nursing	16	4 weeks	16	4 weeks
Elementary Principles of Massage	16		16	
Out Patient Nursing (Jr. Service)	32	4 weeks	32	4 weeks
Psychiatric Nursing	64	8 weeks	64	8 weeks
Pathology	16		16	
Sociology II	16		16	
Operating Room Nursing	16	8 weeks	16	8 weeks
Ophthalmological Nursing	16	4 weeks	16	4 weeks
Gynecological Nursing	16	4 weeks	16	4 weeks
Otolaryngological Nursing	16	4 weeks	16	4 weeks

OUTLINE OF CURRICULUM (Continued)

SUBJECT	BELLEVUE		MILLS	
	Theory Hours	Assignment to Clinical Services	Theory Hours	Assignment to Clinical Services
Pediatric Nursing	48	12 weeks 6 weeks	48	8 weeks 6 weeks
Advanced Medical Nursing	16		16	
Public Health Nursing	8		8	
Principles of Teaching				
Emergency Nursing	8		48	4 weeks 8 weeks
Urological Nursing	48	12 weeks 2 weeks 2 weeks	8	
Obstetrical Nursing	8		8	
(Out Patient Nursing)	8			
Private Nursing	16		16	2 weeks
Professional Adjustments II	8		8	
Occupational Diseases	64	6 weeks 12 weeks	64	8 weeks 12 weeks
Out Patient Nursing† (Sr. Service)	48		48	
Communicable Disease Nursing**	16	6 weeks	16	6 weeks 8 weeks
Public Sanitation				
Advanced Surgical Nursing				
Advanced Urological Nursing	16		16	
Skin and Syphilis				
Physical Education	16 64			

†Mills School students are assigned to Out Patient Department for two extra weeks for special course in domestic problems affecting venereal disease control.

**Course in Communicable Disease Nursing is offered at Willard Parker Hospital.

DESCRIPTION OF COURSES

How to Study

Lectures: 5 hours

This course is designed to assist and encourage students to recognize and develop efficient study habits. Topics for discussion include methods of effective study, effective reading, note taking and preparation for examinations.

Special study problems of the student are discussed in individual conferences, which are supplementary to the regular course.

Miss Morrison

Anatomy and Physiology

Lectures, Laboratory: 112 hours

A study of the structure and functions of the human body. Special attention is given to the correlation of the material of the course with the principles of nursing and allied sciences. The laboratory is well equipped with microscopes, dissection sets, skeletons, manikins, charts, motion-picture machine and films. Students are provided with individual animal specimens for dissection.

Miss Houston

Miss Olsen

Mrs. Klaas

Chemistry

Lectures, Laboratory: 64 hours

This course is designed primarily to acquaint the student with the fundamental principles of inorganic and organic chemistry. Applications of these principles are presented as a basis for the study of physiology, dietetics, bacteriology, materia medica, and principles of nursing. The laboratory work supplements the lectures and affords the student an opportunity for individual experimentation and observation.

Miss Ricketts

Miss Hilton

Mr. Pac

Bacteriology

Lectures, Laboratory: 48 hours

This course is intended as an introduction to general bacteriology; and a study of pathogenic microorganisms and the principles of immunity. The laboratory work is planned to supplement the lectures and to assist the student to acquire

laboratory technique which will enable her to appreciate the need for surgical asepsis; and a proper regard for the public, the patient, and herself in cases of infection.

Miss Ricketts

Miss Hilton

Mr. Pac

Nutrition and Cookery

Lectures, Laboratory: 48 hours

Foods are studied as to sources, classifications, composition, nutritive value and principles of cookery. Normal nutrition is emphasized and practice is given in the preparation of simple foods and the calculation of food values.

Miss Schwartz

Miss Tompkins

Principles and Practice of Nursing (Elementary)

Lectures, Demonstrations, Practice: 144 hours

This course is intended to acquaint the student with the principles underlying the knowledge and skills of basic nursing practice. The principles and techniques of bandaging and hospital housekeeping are included in this course.

Miss Nast

Miss Warren

Personal Hygiene

Lectures: 16 hours

A course designed to give the student an understanding and an appreciation of the importance of health; to teach the principles and practice of personal hygiene; and to impress upon the student his responsibilities as a teacher of health.

Miss Sullivan

History of Nursing

Lectures: 16 hours

This course acquaints the student with the long and splendid history of nursing and the leaders who have established its traditions and ideals. It traces the development of nursing from its early beginnings to the present time and outlines its relation to important social and economic events.

Miss Doyle

Ethics

Lectures, Discussion: 16 hours

This course emphasizes the principles underlying ethical conduct. It includes the organization of the hospital and school, and professional relationships. Case situations, both hypothetical and real, are discussed, and tentative solutions offered.

Miss Doyle

Voice and Diction

Lectures, Conferences: 16 hours

This course is planned to improve the speech of the nurse in all of her activities. Methods and techniques for establishing good tone production, distinct enunciation, correct pronunciation, and an adequate vocabulary are given careful consideration. An analysis of common difficulties of speech, such as hoarseness, harshness, nasality and indistinct utterance is made for each student, followed by individual or group instruction for the correcting of the difficulty.

Miss Whitmarsh

Drugs and Solutions

Lectures, Laboratory: 32 hours

This course includes the study of the metric and apothecaries' systems, common terms, symbols and abbreviations used in the giving of medications. The principles underlying computation and methods of preparation of solutions are stressed and laboratory practice with individual equipment enables the students to weigh, measure, and compare the different units used in the administration of medicines. This course is prerequisite to the further study of materia medica.

Mr. Pac

Sociology I

Lectures, Discussions: 16 hours

An introductory course considering the social relations of human beings and their entire social life with a view to promoting social welfare. The course treats of the origin and development of society, the interests promoting human action and the forces controlling man. It is designed to assist in developing in the students a social point of view.

Miss Morrison

Principles and Practice of Nursing (Advanced)

Lectures, Demonstrations, Practice: 32 hours

This course is a continuation of the elementary course. It deals with the more advanced nursing procedures and is designed to make the student more aware of the needs of individualized nursing care.

Miss Nast
Miss Warren

Elementary Medical Nursing

Lectures, Demonstrations, Clinics: 48 hours

This course presents the etiology, pathology, diagnosis and treatment of the common forms of medical disease. The doctor's lectures are supplemented by demonstrations of nursing care.

Doctor Block
Miss Greenwood
Miss Karbin

Elementary Surgical Nursing

Lectures, Demonstrations, Clinics: 48 hours

Causes, symptoms, complications and treatment relating to wounds, wound infection, fractures, and other surgical emergencies. The surgeon's lectures are supplemented by demonstrations of nursing care.

Doctor Lampe
Miss Zetsche
Miss MacKay

Materia Medica

Lectures: 32 hours

An intensive study of the therapeutic action of drugs with emphasis on the accurate administration of medication and the observation of effects. Toxicology, antidotes, and emergency treatment for poisoning by drugs are included.

Miss Houston

Diet Therapy

Lectures: 16 hours

This course treats of the relation of diet to disease and emphasizes food as a therapeutic agent.

Miss Schwartz

Psychology

Lectures: 16 hours

An elementary course which presents the fundamental principles underlying human behavior. It emphasizes the application of the laws of learning and the nurse's responsibility as a teacher of mental hygiene in all of her relationships.

Miss Morrison

Occupational Therapy

Lectures, Clinics: 8 hours

Discussion of the importance of occupation in the therapeutic treatment of patients. Emphasis is placed on the problems of handicapped patients and the work of the occupational therapy department in helping to solve these problems.

Mrs. Jamieson

Elementary Principles of Massage

Lectures, Demonstrations, Practice: 16 hours

Principles and practice of simple massage treatment as related to nursing care.

Miss Crowell

Tuberculosis Nursing

Lectures, Nursing Classes, Clinics: 16 hours

A study of Tuberculosis, its etiology, prevention, medical and surgical treatment, and the nursing care of tubercular patients.

Dr. Miller and Staff

Miss Wago

Neurological Nursing

Lectures, Nursing Classes, Clinics: 16 hours

The study of neurological conditions, their treatment, and the nursing care adapted to the needs of patient with these conditions.

Dr. Kennedy and Staff

Miss Horvath

Psychiatric Nursing

Lectures, Nursing Classes, Clinics: 64 hours

The study of psychiatric conditions, their treatment and the nursing care adapted to the needs of patients suffering from these disorders. Special attention is given to the discussion of prophylactic measures and the principles of mental hygiene.

Dr. Bowman and Staff

Miss Walsh

Pathology

Lectures, Autopsies: 16 hours

This course deals with the changes which are produced in the various tissues of the body as the result of disease. Diagnostic measures most frequently in use are discussed, so that the student may understand the tests which are carried out in the diagnosis and treatment of diseases.

Dr. Helpern

Operating Room Nursing

Lectures, Demonstrations, Practice: 16 hours

This course considers the underlying principles and practice of aseptic technique as applied to operating room procedures. Preparation of materials for sterilization, the use and care of instruments and other apparatus, the housekeeping problems peculiar to this service, the ordering of drugs, and the preparation of solutions are essentials in the course. Particular emphasis is directed to the nurse's responsibility to the patient immediately, before, and after the operation.

Miss Shull

Miss McGuire

Obstetrical Nursing

Lectures, Nursing Classes, Clinics: 48 hours (Women students)
8 hours (Men students)

This course is designed to give the student an appreciation of the importance of obstetrics in relation to: the significance of heredity as a permanent social value; the preservation of mother and child; the responsibility of society for providing an environment adequate for the fullest development of the individual. The course is divided into units dealing with sociology; medical and nursing care of maternity patients from the beginning of pregnancy through puerperium; social and economic aspects of family life.

Doctor Freed

Doctor Kleegman

Miss Bookmiller

Miss Doyle

Pediatric Nursing

Lectures, Demonstrations, Clinics: 48 hours

The physical and mental development and the care of normal children are presented as a basis for the understanding of sick

children. Consideration is given to the principal medical, surgical, and orthopedic conditions of childhood, their etiology, prevention, treatment, and nursing care. The course also includes instruction in the dietary needs and the preparation of foods for infants; the care of premature infants; nursery school techniques; and occupational therapy for children.

Doctor Smith and Staff

Miss Ryan

Miss Chaffin

Miss Cheska

Miss Latham

Communicable Disease Nursing

Lectures, Demonstrations, Clinics: 48 hours

Communicable diseases, their etiology, symptoms, complications, treatment, and nursing care, with special emphasis on the importance of medical aseptic technique. (Given in affiliation at Willard Parker Hospital.)

Medical Staff

Miss Witham

Ophthalmological Nursing

Lectures, Nursing Classes, Clinics: 16 hours

This course reviews the anatomy and physiology of the eye, the diseases affecting the eye, and the nursing care necessary for these conditions.

Doctor Weeks and Staff

Mrs. Ackley

Otolaryngological Nursing

Lectures, Nursing Classes, Clinics: 16 hours

This course reviews the anatomy and physiology of the ear, nose, and throat and considers the diseases affecting them, and the nursing care necessary for these conditions.

Dr. Fowlkes and Staff

Miss Russell

Gynecological Nursing

Lectures, Nursing Classes, Clinics: 16 hours (Women students)

The study of gynecological conditions, their etiology, prevention, treatment, and the nursing care of patients with these conditions.

Miss Flood

Urological Nursing

Lectures, Clinics: 8 hours (Women Students)
48 hours (Men Students)

Lectures in the etiology, treatment, and nursing care of patients with urological conditions.

Dr. Cashman

Dr. Coates

Principles of Teaching

Lectures, Discussions: 8 hours

This course considers the fundamental principles and methods of teaching as they apply to nursing. The course is designed to help the student discover teaching opportunities and to adapt content and method to the health needs of individuals and groups.

Miss West

Occupational Diseases

Lectures: 8 hours

This course considers those diseases and conditions which may result from or be aggravated by certain occupations. Included in the discussion are: the principles and practice of industrial hygiene; the organization and management of first aid stations; and the special responsibilities of the industrial nurse.

Dr. Bogatko

Public Sanitation

Lectures: 16 hours

This course includes a brief survey of the more fundamental factors of sanitation in relation to community health. Subjects taken up for study include food and milk control, refuse disposal, water supplies, control of communicable diseases,

housing, industrial hygiene, school hygiene, mental hygiene, and vital statistics. Required readings and films supplement the lectures.

Miss Ricketts
Mr. Pac

Out-Patient Nursing

Lectures, Conferences: 112 hours

This course is an introduction to out-patient nursing; it aims to acquaint the student with the medical and nursing problems of ambulatory patients and with the community resources which have been developed to prevent and control disease through early diagnosis and treatment. The course is of twelve weeks duration. The service rendered in the Out-Patient Department includes all conditions treated in general medicine; general surgery; and practically all of the specialties. A total of about ninety-two individual clinics.

Miss Doyle and
the Graduate Nurse
Staff at the Out-
Patient Department

Social Case Work

Discussions, Field Experiences

Theory and practice in meeting medico-social problems with field experience under the guidance of the Social Service and Out-Patient Departments.

Miss Ritner and Staff

Sociology II

Lectures, Discussions: 16 hours

A study and discussion of social adequacy and social failure. Consideration is given to the forms and causes of social problems, public policy, and private philanthropy in relation to the elimination and control of social problems, prevention of individual and social failure and a brief resumé of American philanthropy.

Miss Morrison

Physical Education (Women)

112 hours

This course, which is required of all students and extends throughout the three year period, includes instruction in swimming, tennis, dancing, gymnastics, and special courses offered as electives. The requirements are adapted to the needs of individual students.

Miss Smith

Physical Education (Men)

80 hours

This course, which is required of all students includes instruction in swimming, tennis, gymnastics, and special courses offered as electives. The requirements are adapted to the needs of individual students.

Mr. Leirfallom

Private Nursing

Lectures, Conferences: 8 hours

A discussion of the more important problems which confront the nurse in private service. Consideration is given to the adaptation of nursing procedures to sickness situations in private homes and special hospital services; the adjustments which the nurse must make in dealing with patients, their families, and physicians; the ethical and social responsibilities of nurses working alone; and the economic problems faced by the nurse and the patient.

Miss West

Public Health Nursing

Lectures, Discussions: 16 hours

Brief survey of the history, function, and practice of public health nursing as it has been developed in the United States. This course is designed to give the students an appreciation of the teaching function of the nurse and of her place as an integral part of the organized community health program.

Miss Doyle

This is a survey course in which consideration is given to the trends and developments in the fields of professional nursing. It is intended to acquaint the student with the opportunities in special types of nursing activity and the needs and opportunities for preparation for these fields. Included in the course is a discussion of the economic and legal aspects of nursing as well as a review of the development and activities of the professional organizations and the obligations of their members.

Miss Edgar and
Special Lecturers

NOTE: The program of instruction and the regulations announced in this bulletin are subject to such changes as may be deemed necessary or advisable by the administration.







